

# AWESOME TWEENS&TEENS





# BOLDLETTERS

<sup>s</sup> Media Warketing & Publishing



### **NEW 2024**

## **BOLDLETTERS**



Format:

144 pages, hard cover,15,5 x 23 cm.

Cover price: 19,95€

#### **DIVERSITY MAKE US BETTER**

#### Growing-up in a diverse world.

#### Sixth book of the serie from 12 years old

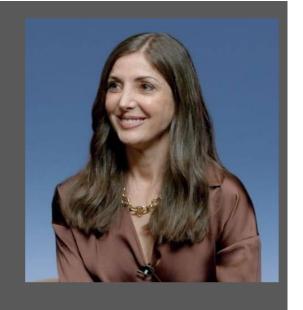
In this new book, the successful writer Espido Freire addresses diversity in all its breadth. She believes that for a collective project to thrive, it is necessary to put all the different sensibilities and identities at work. Diversity in gender and sexuality, origin and cultural identity, different ethnicities (with the challenge that migration poses to society). Diversity of social and/or economic class: the existence of first- and second-rate citizens... Diversity of abilities and accessibility for all those who are differently able. Political, religious diversity or simply a conflicting range of believes or lifestyle. In this new book Espido proposes a "reasoned" fictional story to enrich the traditional plain non-fiction style of the series.



The book narrates the experiences lived by a group of students and their teachers who embark on the creation of a school newspaper. Through their researches and discussions, live they through positive lessons of diversity, inclusion, starting from their own group dynamic.

#### **About the author ESPIDO FREIRE:**

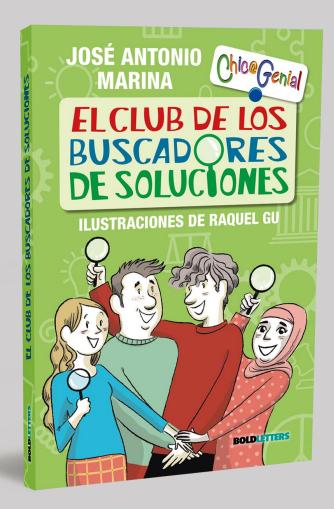
Espido Freire, born in Bilbao in 1974, holds a bachelor degree in English Philology and a master's degree in editing and publishing from Deusto University. She debuted as a writer in 1998 with *Ireland*. A year and a half later she was awarded with the prestigious Premio Planeta for *Melocotones helados*. She is the youngest Spanish writer to have won such a prestigious and well-funded literary prize. Her novels have been translated into a dozen languages, including French, German, Italian, Portuguese, Chinese and Japanese. She also studied music and singing. She published ten novels for adults, short stories, children's books and several essays. She is a public figure and appears frequently in national media. She teaches creative writing, public speaking and communication.





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#### THE SOLUTION SEEKERS' CLUB

Seventh book of the series, with an exceptional mentor, for boys and girls from 14 years old and and up

A tragic event at a high school triggers the reaction of two teachers and a group of high school students: classes could not continue as if nothing had happened. **Bullying had to be faced with everyone's help**, so that something so terrible would not happen again.

The math teacher decides to expand her program beyond algebra and geometry problems. She wants to approach other kind of problems for which it is not enough to know the solution, but, above all, to learn how to define the problem, find a possible solution, but also put it into practice. It begins breaking the loop of anguish, by starting investigating the problems, harnessing the strength of collective intelligence and finally taking action. Thus the 4 student protagonist founded The Solution Seekers' Club. An exceptional mentor, author and philosopher José



Antonio Marina, invites to live with determination. without fear. facing problems collectively, "talent because nothing else than trained skilled and intelligence" and we must begin to exercise it from a young age.

### **About the author JOSÉ ANTONIO MARINA:**

Jose Antonio Marina is a philosopher, writer and researcher. He dedicated himself to the study human intelligence and how to take advantage of our mental capacity to thrive personally and collectively and enhance our public happiness instead of our misery.

He is the author of more than fifty books translated into French, German, Italian, Portuguese, Chinese, Russian, Korean, and other languages. He has won many awards, including the National Essay Award and the Giner de los Ríos Award for Educational Innovation. He has reached the conclusion that humanity's fate depends on our capacity of nurturing young people's talent from an early age. Improving the ability to approach and solve the problems, that the previous generation were not able to, is crucial to lead to the best virtuous cycle in human history.





## **BOLDLETTERS**



#### **Features**

- The series provides a scientific background information about development during puberty, using accurate language, an emphasis in presenting the facts and different choices available for a healthier and fuller passage to adulthood for girls, and boys.
- ❖ The tone is playful and suitable to the age. The books contain a great deal of illustrations, which allow different levels of reading and add a humorous touch.
- The thorough layout enhances the comprehension of the text, and it is enriched with various boxes with tips, diagrams, dialogues, and also exercises that add a practical angle and space for customization.

# AWESOME TWEENS&TEENS

An illustrated, non-fiction series, aimed at kids from 8 to 16 years old, an age of accelerated physical and personal development. It has become a valuable tool for parents and educators to prepare the transitions through puberty and teenagers' years to adulthood.



#### **PARENTS OFFER GREAT OPINIONS:**

"Amusing and clear: My 10-year-old daughter loved it. She doesn't like reading, but she has devoured the book ("Awesome guide.."). It's all well explained and suitable for her age.

I have also bought "Shake of emotions" of the same author.

"Perfect to address the crisis of growing up: delighted with the book, it helps us to share those small concerns that girls are feeling and helps them to normalize everything that entails the challenge of growing up and to learn calling things by its right term. Great to start an intimate conversation without embarrassment".

#### PSYCHOLOGISTS, TEACHERS, PEDAGOGISTS USE AND RECOMMEND OUR BOOKS:

"Guides with an easy-going approach, they go through all the fundamental changes experienced during puberty. They offer advice and reasoned recommendations directly to the kids, with a suitable language, that maintains a scientific rigor, without any dogmatic or indoctrinating character. It can be used in schools as supportive reading, or as a gift for a teenager who is going through puberty with doubts or concerns. Interesting to "be prescribed" also by pediatricians and pediatric nurses from Primary Care.

#### WHAT EXPERTS SAY:

"An educationally impeccable and useful series that will engage tweens, because it tells them what interests them, in engaging language.

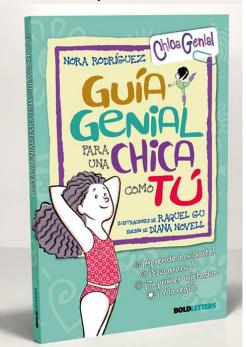
"JOSE ANTONIO MARINA (philosopher, writer and founder of the Parents' University)



Original Title: Guía genial para una

chica como tú

Author: Nora Rodríguez Ilustrator: Raquel Gu



Format:
144 pages, hard cover,
15,5 x 23 cm
Cover price: 19,95€
Rights sold: Chinese (only mainland) and Russian.

# **BOLDLETTERS**

# The Awesome Guide for a Girl Like You

The first book of the series is aimed at girls from 8 to 13 years old

and deals with a wide range of contents: from the surge of pimples and body hair, to the first bra and how to be **prepared for the arrival of the period**. The final chapters discuss the importance of **healthy habits:** sleeping, exercising, healthy eating.

A rigorous, practical, and enjoyable book, which will help girls (and the adults around them) to face puberty openly and confidently, with no stereotype in a natural

and fun way.



Published in November 2019, reprinted 7 times 25,000 copies

Puberty is a challenge for those who experience it, but also for those who have the task to accompany and educate the kids. The books of the Chic@Genial series are an opportunity of encounter and open exchange. And when it comes to personal matters, kids should learn from an early age that books are the best searching engine for answers.



#### About the author of the first two books of the series:



Nora Rodríguez CEO & Founder of Architects of Happiness, is an educator, consultant, essayist and mentor to women leaders. Born in Buenos Aires in 1960 and trained in humanistic education. Author of numerous books, in her long career, she has created and directed educational impact programs such as the International School of Juvenile Justice, based in Brussels. Her TEDxTalks "Awaken a child's social brain and awaken their talents" has inspired thousands of people around the world. Her vision based on the importance of the group's well-being has been heard both at the UN and in The Trust For The Americas, affiliated with the Organization of American States. She also works as a consultant for UN Migrations. She is the author of the texts of Guía genial para una chica como tú and Un batido de emociones.



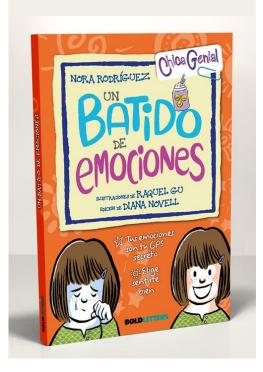
**BOLDLETTERS** 

Original Title: Un Batido de emociones

Published in 2020

Author: Nora Rodríguez

**Ilustrator: Raquel Gu** 





#### A Shake of Emotions

The second book of the series is aimed at girls from 8 to 13 years old and deals with the emotional development and the process of "identity construction".

Girls will learn how to recognize the different emotions they are experiencing, name them, communicate about them and ultimately manage them.

They are also invited to think about the way to relate to others and to be more conscious about the impact of one's decisions and reactions.

Format:

144 pages, hard cover,15,5 x 23 cm.Cover price: 19,95€.

Rights sold: Chinese (only mainland).



#### About the illustrator of the entire series:



Raquel Gu is a philologist and translator by education. Born and living in Barcelona, she has been drawing since she could hold a pencil and it is what she likes to do the most. She worked as an editor for a Spanish publishing house until 2008 and since then she has become a renowned illustrator and graphic humorist. She is also the author of graphic novel books for adults and children's and has illustrated many other works, several translated in other languages. She is a frequent guest in various tv and radio programs. She is the illustrator of all books in the Chic@Genial series.



Original Title: Que buen Rollo el

Desarrollo

Published in 2020

Author: Matías Nespolo

**Ilustrator: Raquel Gu** 



Format:

160 pages, hard cover,15,5 x 23 cm.

Cover price: 19,95€.
Rights sold: Chinese (only mainland) and Russian.





# The ultimate (fun) tutorial about growing-up for a guy like you

The third book of the series is the first one aimed to boys, from 10 to 14 years old.

It is a guide about the physical changes that boys typically experience during the puberty's years, that

even if a bit delayed compared with girls, they are equally eventful and complex. The last chapters are dedicated to the **emotional changes** and the development of the character. The **tone** is especially **witty** 

The tone is especially witty and funny with a lot of sense of humor. The illustration becomes even closer to comic strips. The book has proved to be irresistible, even for the less motivated readers.



#### About the author:



Matías Néspolo is an Argentinian writer and journalist. He was born in Buenos Aires in 1975, and studied literature at university. He wrote and published in a variety of genres: poetry, essays, novels, short stories and children's stories. It has been translated into English, French, Italian and Dutch. In 2010 Granta magazine included him as one of the best young storytellers in Spanish. He has been a cultural journalist for El Mundo and El Periódico de Cataluña and currently writes for La Nación (Argentina). He is the author of the texts of ¡Que buen rollo el desarrollo!

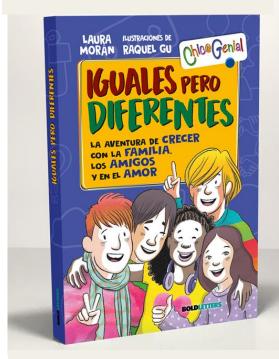


#### Original Title: Iguales pero diferentes

La aventura de crecer con la Familia los Amigos y en el Amor

Published in 2022

Author: Laura Morán Ilustrator: Raquel Gu



Format:

224 pages, hard cover,

15,5 x 23 cm.

Cover price: 19,95€.

Rights sold: Chinese (only mainland).

# **BOLDLETTERS**



# We are all the same but different

The adventure of growing up with family, friends and crushes

Fourth book, and the first one aimed to all genders, from 10 to 14 years old. Humans have the ability to develop a strong social intelligence, which allows to identify

the needs of others and recognize that those needs may not be the same as ours. And that's what this book is about, our **social skills, the ability to feel empathy** and to relate to others and what all that entails... The book is a great tutorial that explains to teens how to live and sometimes survive the love of **family**, which is the **first social group** we belong to. How to choose, maintain and even lose friends, because **friendship** does

not have to be perfect but healthy. How to stand up for yourself and others, how to react to bullying. And how to survive the first crush and experiment the first love. Kids will explore how to face a new great challenge of this age: how to open up to the world and a greater variety of relationships.



#### About the author:



Laura Morán, psychologist by education and sexologist and family and couple therapist by vocation, after graduating from the University of Deusto she moved to Madrid to attent a master's degree in Family and Couple Therapy. She lives in Bilbao, where she was born. A firm defender of "better to inform and train than to cure", she organizes talks and workshops, writes books and she is a frequent guest in several radio and tv programs, to be highlighted a long standing collaboration with the Spanish public TV network. She is the author of our book in Chic@Genial series, Iguales pero differentes.





Original Title: Conectados sin apagar el cerebro -Tips para nativos digitales

Published in 2022

Author: Mónica Díaz-Ponte



Format: 148 pages, hard cover, 15,5 x 23 cm. Cover price: 19,95€.

Rights sold: Chinese (only mainland).

# Connected but with the brain always ONTips for digital natives

The fifth book, aimed to kids from 10 years old, is especially meant to try to solve the endless family discussions about the use of technology and smooth the understanding gap between adults and new generations.



They are digital natives, they were born surrounded of devices and screens, they grew with the feeling that the whole world is at your fingertips: listening to music, reading a book, playing games, perform searches for the school and a very long etcetera. Technology makes our lives easier and is part of our daily routine, but the online space can also be complex and tricky, and this book will reveal what's behind it and how to get the most out of it. A great tutorial with tricks and techniques to succeed in the network, but also to navigate sensibly and safely, keeping your privacy and the right balance with your real life.

#### **About the author:**



Mónica Díaz Ponte has been developing her professional career in the digital world for more 20 years. She has held different management positions such as WorldWide Customer Operations Manager at Fon (Google and Skype) or Global Services Director at Ecommerce Bodaclick for Europe and Latin America. More than ten years ago she founded Digital Addiction, a company dedicated to Inbound Marketing strategies and digital content creation. She combines her work with a position as a lecturer at ESIC University, where she receives students from the University of Shanghai, as well as Youtube and Twitter training centres. She is the author of our book, Conectad@s sin apagar el cerebro.